



YEAR FOUR PGL RESIDENTIAL MEETING

Barton Hall
Torquay

ON THE MONDAY

- Arrive normal time in non-uniform - in a suitable outfit for 2 activities when we arrive.
- Make sure you take travel sickness medication in advance if needed.
- Check medicines in the Willow classroom (Miss Smyth / Mrs Reeves)
- Meet in the Willow classroom
- Parents say goodbye
- Coach leaves around 11:30
- Parents can see how we are getting on, through Facebook and Twitter.
- Pick children up from Barton Hall on Wednesday at 2pm.



ACTIVITIES

Range of adventurous, outdoor activities for the children to participate in.

Small groups led by qualified instructors and accompanied by members of the teaching team.

Full safety equipment provided.

-2 Activities when they arrive then a whole year group activity in the evening.

-On the full day- 2 morning and 2 afternoon activities plus the campfire in the evening

-On day of return 2 morning activities.



FOOD AND ACCOMMODATION

- Three hot meals a day- you can find the menu online but there is always a good selection.

- Buffet style

- Salad bar

- Dietary requirements

- Bedrooms

ACCOMMODATION

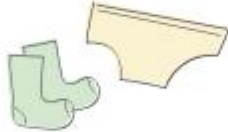
- The rooms are mainly 4s.
- They have their own bathroom in their rooms.
- Bedtime will be after the last activity which will finish at 9:30. Children will go back to their rooms and then lights out will be around 10/10:30. Children can bring nightlights and a book to help them relax at this point.
- Don't forget to pack a teddy to help them sleep.



CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- Tops & jackets
 - T-shirts
 - Long sleeved shirt/T-shirts
 - Waterproof jacket
 - Fleeces/jumpers
 - Trousers or leggings
but not jeans as they get heavy and cold when wet
 - Underwear & socks
 - Swimming costume/trunks
for water activities
 - 1 or 2 sets of clothes for the evening
 - Suitable nightwear
- Your arms will need to be covered to do some activities.*
- Your socks will need to cover your ankles to do some activities.*



TRAVELLING IN THE...



...SUMMER?

- Shorts
- Baseball cap/sun hat
- Sunscreen



...WINTER?

- Warm coat
- Hat and gloves

FOOTWEAR

- 2 pairs of trainers
 - 1 for activities
 - 1 old pair for watersports
- 1 pair of dry shoes for evening activities



We recommend that all visitors wear closed-toe footwear while on site due to uneven terrain and safety considerations around activity areas

OTHER ITEMS

- 2 towels
 - 1 for showering
 - 1 old one for activities
- Reusable drinks bottle
- Small rucksack/bag
- Labelled bin bag for wet and dirty clothing
- Sleeping bag or duvet and pillow (unless otherwise advised)
- Washbag including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)
- Hair ties for long hair
- Torch



WHAT TO BRING

Torch if you have one

Pillow

Dry bag for dirty washing

Black bag for wet washing – please label

Soft toys / comforters are highly encouraged!!

What to wear

We have included some guidance on what to wear and what not to wear for the activities we are most often asked about. Please note, activities vary at each centre and final activity itineraries are planned by each centre.

Water-based activities

- ✓ Old trainers/water shoes
- ✓ Warm clothing
- ✓ Layers
- ✓ Old clothes
- ✓ Swimwear (for some water activities)
- ✗ Flip flops/crocs/sandals
- ✗ Wellies
- ✗ Jeans

Rope sessions

- ✓ Sturdy footwear
- ✓ Tops to cover the shoulders
- ✓ Shorts that cover the thighs
- ✓ Long trousers
- ✗ Flip flops/crocs/sandals
- ✗ Denim shorts

Muddy activities

- ✓ Old trainers
- ✓ Long trousers (waterproof if possible)
- ✓ Layers
- ✗ Flip flops/crocs/sandals
- ✗ Shorts

PLEASE DO NOT BRING

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- ✗ Electrical devices
 - ✗ Computer games
 - ✗ Food items that contain nuts
 - ✗ Jewellery/valuables
 - ✗ Aerosols
 - ✗ Flip flops/crocs/sandals

If you bring your **mobile phone**, please note, it is not covered by our insurance.

ADDITIONAL ITEMS

No Electronics

Pocket money- £5

1 bag of treats

Medication needs to be signed in.

Any questions?