

19th September 2025

Dear Families,

Hello Yellow fundraising – Wear Yellow for Mental Health Day – 10th October 2025

Our school will be taking part in Hello Yellow on Friday 10th October (World Mental Health Day) to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We're taking this opportunity as a school community to come together and show our children that we are here to support them and they're never alone with their mental health.

We'll be taking part by **wearing yellow for a donation of your choice**. Children might choose to wear complete yellow or a yellow accessory with their own clothes.

Most importantly, we want to share the resources which YoungMinds offer to support parents and carers if you ever need help and advice to support your children.

This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

Best wishes,

Mrs Reeves



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