Menu Listing with Traffic Lights and Allergens

Ollie.Redfern@educatering.uk

Christmas lunch allergy matrix 26

Legend

- ✔ Contains
- ? May Contain
- ! No Data

Description	Energy	Fat	Saturates	Sugars	Salt		Celery	Cereals containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Sulphur Dioxide and Sulphites	Soya
Primary Christmas Turkey & Gravy (80g)	383.6	NONE 91.7	NONE 0.7	NONE 0.3	NONE 1.7															
Primary Vegan Root Vegetable Wellington	760.2	NONE 181.7	NONE 8.8	NONE 3.5	NONE 17.1	**Contains:** Wheat.		✔				?			?					✔
Primary Roast Potatoes (Prepped)	502.1	NONE 120.0	NONE 5.2	NONE 0.4	NONE 17.2														✔	
Primary Baton Carrots & Peas (Prepped)	118.0	NONE 28.2	NONE 0.4	NONE 0.1	NONE 4.0														✔	
Primary Brussels Sprouts (Prepped)	105.4	NONE 25.2	NONE 0.8	NONE 0.2	NONE 2.5															
Primary Sage & Onion Stuffing	197.9	NONE 47.3	NONE 0.5	NONE 0.1	NONE 10.9	**Contains:** Wheat.		✔												
Primary Pigs in Blankets (Bought in)								✔											✔	✔

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	376.1	NONE 89.9	NONE 7.8	NONE 2.8	NONE 1.5	**Contains:** Wheat.														
Primary Christmas Vanilla & Chocolate Icecream Pot	502.1	NONE 120.0	NONE 6.1	NONE 4.0	NONE 14.4								✔							
Primary Fresh Fruit Platter	162.6	NONE 38.9	NONE 0.2	NONE 0.0	NONE 9.4															